

A Handbell Message of Music:

Each week, I am connecting with our Trinity Barton Handbell Choir virtually, to explore a piece of handbell music that does have, or may in the future have, meaning for us in our repertoire.

This week, I am listening to *In Quietness and Confidence*, by Linda R. Lamb. I feel that in these days and weeks of anxiety, isolation, and stress, we need to connect to something that gives us hope and confidence. Click on the LISTEN link below to hear this piece.

About the Music: This peaceful, original composition was written for one of the composer's graduating youth ringers. It is inspired by the text from Isaiah 30:15: "In quietness and confidence shall be your strength."

[LISTEN](#) to this piece, meditating on the message of quietness and confidence.

Kim's notes: I received a book in 2010 from my dad, written by our own Rev'd. Daniel Graves named, *Prayers for Healing from the Anglican Tradition*. A little back-story – my dad has known Father Dan for a number of years, from their mutual time at Holy Trinity, Thornhill. When Father Dan published his book in 2010, my dad bought a copy and asked Father Dan for a dedication for me. Father Dan wrote, "For Kim, with prayers & affection & appreciation of your witness to the healing power of our Lord. Daniel Graves, Feb. 11, 2010." On a personal note, this came just a couple years after a medical trauma threatened my life, and I believe the healing power of our Lord was instrumental in my full recovery.

I have treasured the gift of this book, and have turned to it for prayers of comfort and direction at various times in my life. When thinking that what we need at this time in our society is strength and confidence, I found this in the book: "God our hope, when we are troubled by fear and uncertainty, teach us to commit our lives to your care and to go forward on our pilgrimage, trusting in the knowledge of your love and forgiveness; through Jesus Christ our Redeemer. Amen." (Prayers for Strength, Hope, and Confidence, pp.39.)

Thank you, God, for the power of the message of music, for our clergy team at Trinity Aurora, and for the blessings I have because I am part of this ministry of music.

Enjoy [In Quietness and Confidence!](#)

Kim Leitch
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